



THE REAL CEILIDH EXPERIENCE

Dashing White Sergeant

STEP-BY-STEP INSTRUCTIONS



The dance

This is a group dance so you'll need to gather in groups of three. It's a reel, and it's a very sociable dance, changing partners every so often, meaning your group of three will get the chance to dance with lots of different people.

It dates back around 150 years, having first become popular in the mid 19th century. You might find that different villages or different areas of the country have slightly different versions, especially in the reeling part, but it doesn't matter which version you do. It will work.

Type:

For groups of 6

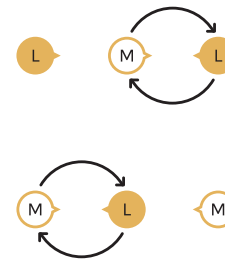
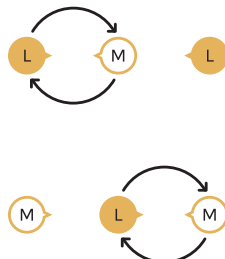
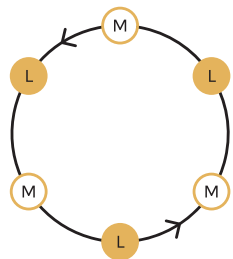
Intensity:

Medium

L - The Lady
M - The Man

Dashing White Sergeant

The Steps



BARS 1-8

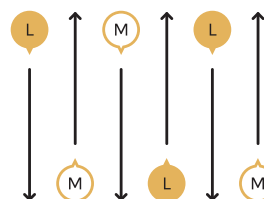
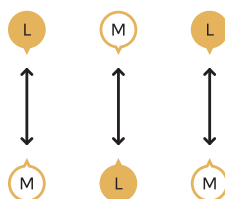
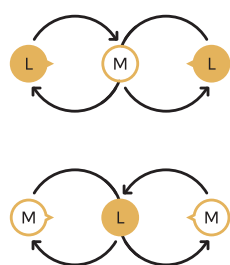
With six dancers in a circle, join hands and circle round anti-clockwise for eight counts, then clockwise for eight.

9-12

The circle then separates into the two sets of three. The dancer in the middle (*the leader*) of each set turns to the person on the right and sets to for four counts and then spins them for four counts.

13-16

Repeat with the partner on the leader's left.



17-24

Using elbow grip, the leader then spins each person alternately - twice.

25-28

Join hands to form line facing the other set of three and advance towards each other. Stamp your feet and retire back and clap your hands.

29-32

Holding hands, sets walk towards each other again and one set raises its arms to form archways under which the other dancers pass to meet the next set of three. Then just repeat the fun.